



HANOVER AREA ELEMENTARY LUNCH MENU

What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meat alternate
 Choice of Vegetable
 Choice of fruit
 Grain/Bread
 Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options may include:
PB&J Sandwich

Orange Juice Day - May 4th
Cinco De Mayo - May 5th
Chocolate Chip Cookie Day - May 15th
Ramadan - May 15th
Strawberries & Cream Day - May 22nd
Memorial Day - May 28th

Adult Lunch \$3.70

General Manager: Maria DeLuca

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USDA is an equal opportunity provider and employer.

Monday

7
 Chicken Nuggets w/roll
 or
 CheeseSteak Hoagie

Featured Veggies:
 Yellow Beans
 Baby Carrots
 Choice of Fruit
 Choice of Milk

14
 Meatballs w/ gravy
 Buttered Noodles
 or
 Chicken Patty on a bun

Featured Veggies:
 Baked Beans
 Carrot Sticks
 Choice of Fruit
 Choice of Milk

21
 Sweet & Sour Chicken over Rice
 or
 CheeseSteak Sub

Featured Veggies:
 Green Beans
 Baby Carrots
 Strawberries & Cream
 Choice of Milk

28
NO SCHOOL

Tuesday

1
 Meatballs & Marinara w/cheese on a bun
 or
 Steak & Cheddar Flatbread

Featured Veggies:
 Mixed Vegetables
 Carrot Sticks
 Choice of Fruit
 Choice of Milk

8
 Walking Taco w/roll
 or
 Chicken Patty on a bun

Featured Veggies:
 Mixed Vegetables
 Side Salad
 Choice of Fruit
 Choice of Milk

15
 French Toast Sticks
 Sausage
 or
 Chicken CheeseSteak

Featured Veggies:
 Steamed Peas
 Garden Salad
 Choice of Fruit
 Choice of Milk

22
 Pasta & Meatballs
 or
 BBQ Rib on a bun

Featured Veggies:
 Peas & Carrots
 Fresh Broccoli
 Vanilla Pudding
 Choice of Milk

29
 Chicken Tenders with a dinner roll
 or
 Sloppy Joe on a bun

Featured Veggies:
 Steamed Peas
 Baby Carrots
 Choice of Fruit
 Choice of Milk

Wednesday

2
 Jacked Up fries with CheeseSteak
 or
 Sloppy Joe

Featured Veggies:
 Green Beans
 Side Salad
 Choice of Fruit
 Choice of Milk

9
 Chicken & Cheese Quesadilla
 or
 Meatball Sub

Featured Veggies:
 Glazed Carrots
 Chick Pea Salad
 Choice of Fruit
 Choice of Milk

16
 Corn Dog Nuggets
 or
 Sloppy Joe

Featured Veggies:
 Yellow Beans
 Tomato Salad
 Choice of Fruit
 Choice of Milk

23
 Soft Taco & Rice
 or
 Chicken Patty on a bun

Featured Veggies:
 Seasoned Corn
 Tomato Slices
 Choice of Fruit
 Choice of Milk

30
 Buffalo Chicken Dip served w/tortilla chips
 or
 Hamburger on a bun

Featured Veggies:
 Green Beans
 Celery Sticks
 Choice of Fruit
 Choice of Milk

Thursday

3
 General Tso Chicken over Rice
 or
 Corn Dog Nuggets

Featured Veggies:
 Steamed Peas
 Tomato Slices
 Choice of Fruit
 Choice of Milk

10
 Grilled Cheese
 or
 Hot Dog on a roll

Featured Veggies:
 Steamed Corn
 Cucumber Slices
 Choice of Fruit
 Choice of Milk

17
 Chicken Mashed Potato Bowl
 or
 Turkey & Cheese on a croissant

Featured Veggies:
 Mashed Potatoes
 Corn
 Choice of Fruit
 Choice of Milk

24
 French Bread Pizza
 or
 Chicken Fajita

Featured Veggies:
 Ranchero Carrots
 Celery Sticks
 Choice of Fruit
 Choice of Milk

31
 Cheeseburger Macaroni w/dinner roll
 or
 Italian Hoagie

Featured Veggies:
 Cheesy Broccoli
 Sliced Cucumbers
 Choice of Fruit
 Choice of Milk

Friday

4
 Han Burger
 or
 Hut Dog

Featured Veggies:
 Vader Taters
 Cucumber Slices
 Choice of Fruit
 Choice of Milk

11
 Italian Dunkers w/sauce
 or
 Pierogies w/dinner roll

Featured Veggies:
 Steamed Broccoli
 Tomato Slices
 Choice of Fruit
 Choice of Milk

18
 Cheese Pizza
 or
 Pulled BBQ Pork on a roll

Featured Veggies:
 Glazed Carrots
 Fresh Cucumber Slices
 Choice of Fruit
 Choice of Milk

25
 Cheeseburger
 or
 Hot Dog

Featured Veggies:
 Pasta Salad
 Watermelon
 Choice of Fruit
 Choice of Milk

